

Things To Know Before Getting a Piercing

- Your initial jewelry will be slightly longer to accommodate swelling and once the swelling subsides it'll need to be downsized. That should be within 2-8 weeks. Not downsizing can cause issues just like wearing something too tight can cause issues.
- You cannot submerge your piercing into any open water for at least 8 weeks!
- Dangles, chains, heavy ends, and hoops are reserved for healed piercings.
- Avoid getting any skin care, makeup, or shower products on your piercing.
- You shouldn't wear headphones on the ear you got pierced (or earbuds for inner ear piercings) for at least six months after the initial piercing date.
- You do not want to sleep directly on your piercing! It can cause migration and bumps. Use a travel/neck pillow for maximum comfort.
- You should never play with your piercings or touch them unless you're cleaning them. You can introduce bacteria into your piercing channel and irritate your piercing.
- The only thing you want to use to clean your piercings is clean water and sterile saline solution, and for oral piercings alcohol-free mouthwash. Ointments, oils, bactine, crushed aspirin, soaps, and mixing your own salt water solution are not acceptable aftercare.
- Not everyone has the anatomy for every piercing! You need an anatomy check before being pierced. If someone pierces you when you do not have the anatomy for that piercing, or if they use the wrong kind of jewelry on you, your piercing will probably reject or not heal. Go to a reputable piercer to avoid this.
- Most piercings take between 6-9 months to fully heal.
- Smoking and drinking could hinder your healing process specifically when it comes to mouth piercings.
- You want to invest in quality jewelry and piercers to ensure proper healing. "The bitterness of poor quality remains long after the sweetness of low price is forgotten."
- Hitting or snagging your piercing could cause irritation bumps! Be gentle with your piercings.
- You want to clean your piercings even after they're healed!